

VEGAN D

YOUR BEST VITAMIN D-FENSE



NEW

Code 865
10 µg vitamin D per tablet

✓ Vitamin D contributes to the normal function of the immune system.



Vitamin D, a fat-soluble vitamin, is known as the ‘sunshine’ vitamin because it is produced in the body when ultraviolet B (UVB) rays from sunlight hit the skin. We also get vitamin D directly from foods, but it is generally difficult to obtain adequate levels from foods alone. Foods with high levels of vitamin D include oily fish (salmon, tuna, mackerel), beef liver, cheese, egg yolks and mushrooms.

We typically obtain only 10 to 20% of our vitamin D from foods. The other 80 to 90% is produced in the body through exposure to sunlight. Our life stage, skin pigmentation, life situation and sun exposure have an enormous influence on our levels of vitamin D. With today’s typically indoor lifestyles and use of sunscreen, deficiencies are evident throughout the European population.¹

Vitamin D plays several roles in our body. Research indicate that vitamin D is important for the absorption and use of calcium. Vitamin D contributes to the maintenance of normal bones and muscle function and contribute to the normal function of the immune system. Maintaining an adequate level of vitamin D through life is recommended by major nutrition societies and public health authorities around the world.² That is why NeoLife’s Scientific Advisory Board formulated NeoLife Vegan D, a proprietary blend of naturally sourced and wholefood-based ingredients high in vitamin D to help supplement a normal diet.

1. Am J Clin Nutr. 2016 Apr;103(4):1033-44. Vitamin D deficiency in Europe: pandemic?
2. van Schoor N, Lips P. Chapter 59 - Worldwide Vitamin D Status. In: Feldman D, ed. Vitamin D (Fourth Edition). Academic Press; 2018:15-40. doi:10.1016/B978-0-12-809963-6.00059-6

Please contact your independent NeoLife distributor

The NeoLife Difference

Proprietary blend of naturally sourced and wholefood-based ingredients high in vitamin D to ensure high potency and bioavailability.

Combines vitamin D₃ and vitamin D₂ (cholecalciferol/ergocalciferol).



Reindeer Lichen
(*Cladonia rangiferina*)

Vitamin D₃ from lichen (*Cladonia rangiferina*)
Our vitamin D₃ is naturally sourced from Reindeer Lichen using gentle extraction techniques, a unique edible source of lichen.

• One of the only completely vegan sources of Vitamin D₃.



Yeast
(*Saccharomyces cerevisiae*)

Vitamin D₂ from yeast and superior quality mushrooms (*Agaricus bisporus*)
These mushrooms also provide trace amounts of naturally occurring whole food nutrients.

• **Naturally and Sustainably Sourced**

• **100% Vegan**

Made entirely without animal sourced ingredients of any kind, NeoLife Vegan D fulfills the strict sourcing criteria expected by vegetarian/vegan supplement users.



Mushroom
(*Agaricus bisporus*)

• **Quality and Safety Guaranteed**

Tested to strict standards to assure the highest levels of safety and quality.